# How to deal with complications

If you notice any of these complications or have any other concern related to your wound, contact:

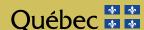
- Info-Santé 8-1-1:
- Your outpatient service centre;
- Your home support service (nurses);
- Make an appointment with your doctor, if necessary.

For any emergency outside the opening hours of the outpatient service centre or medical clinic, quickly go to the nearest emergency room.

# **DRAINAGE OF PERITONEAL FLUID**

**Short-term** catheter

Centre intéaré de santé et de services sociaux de l'Abitibi-**Témiscaminque** 

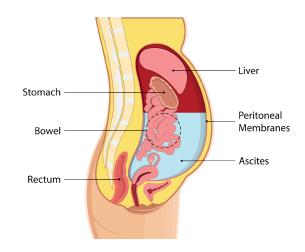


#### **Indications**

Your doctor has prescribed this treatment for you in the event that a large amount of fluid is found in your abdominal cavity (in the peritoneal space) on a recurrent basis.

The peritoneal space is the place between your peritoneum and your organs in your abdomen. When there is an excess of fluid (ascites), it causes swelling of the abdomen (distension), which can cause discomfort. This is called a peritoneal effusion.

## **Ascites**



#### Why drain the fluid?

To relieve the main symptoms of peritoneal effusion: swelling of the abdomen, bloating, back or abdominal pain, fatigue, shortness of breath, weight gain, nausea, vomiting, difficulty digesting, loss of appetite, feeling full after eating little, constipation, swelling of the ankles or legs.

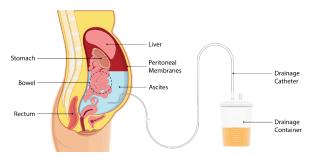
#### What does a drainage involve?

Following the insertion of a short-term catheter into your lungs, a medical procedure will be performed to remove the accumulated fluid according to the method prescribed by your doctor.

First, the liquid can be drained by free drainage with a tube connected to a collection bag that uses gravity. This method can take a long time it all depends on the amount of liquid to be drained and the rate at which it flows.

The second is to connect your catheter to a vacuum suction device which will have the same result, albeit quicker than the first, of draining the excess fluid by negative vacuum suction pressure via specialized vacuum bottles.

#### **Abdominal Paracentesis**



#### **Frequency**

The speed with which the fluid returns varies from person to person. Most users need drainage two to three times a week. If necessary, it can be done every day. The doctor will determine the frequency and amount of drainages according to your needs..

# Amount of fluid removed per session

The volume to be removed will follow the recommendations of your doctor.

# Prior to the peritoneal drainage

The medical team will welcome you and place you in a comfortable position. Your weight may be recorded before or after the treatment, according to medical advice. The nurse will take your vital

signs before, during and after the treatment to make sure that you are tolerating the treatment well. Afterwards, the nurse will remove the existing dressing covering your catheter and connect the device to drain the fluid according to the chosen system.

The length of the procedure is variable. It depends on the volume to be drained as well as your tolerance during the session. If you feel any discomfort or significant pain during the session, you should notify the staff immediately. When the treatment is finished, the nurse will re-dress the wound and give you the instructions for your return home (in this brochure).

#### **Short-term catheter**

To perform the drainage, a short-term catheter will be installed in radiology or the operating room. This is followed by the application of a dressing to cover the drainage site, which is kept on for 24 hours before it can be removed. This method is well suited for short-term use.



### The necessary precautions

You can take showers, taking care not to rub the bandage and to pat it dry. However, avoid baths and bodies of water such as swimming pools, spas and outdoor lakes for 24 hours.

Please note that some cases require special followup and different management. Please take into consideration the instructions and recommendations specific to your situation according to your medical condition.

## **Signs of complication**

Seek help if one or more of the following signs of complications appear:

- Redness, swelling, local heat (these signs are normal within the first 24-48 hours of placement);
- Persistent drainage and/or foul odour after cleaning;
- Significant increase in pain;
- Onset of fever;
- Opening of the wound.

