

# FIRST VISIT

to the dentist at one year

Understanding  
its importance  
for your child's  
health and  
their teeth!



Québec 

# The FIRST visit

## Preventive and informative

To evaluate your child's risk of developing cavities.

To start a prevention program with you concerning:

- ◆ Dental hygiene;
- ◆ Nutrition and dental health;
- ◆ Bottle use;
- ◆ The use of fluoride supplements;
- ◆ Sucking habits;
- ◆ Taking medications;
- ◆ The required frequency of visits to the dentist.

To answer your questions and to help you make the best choices regarding your child's oral health.



**The dental team is there for you!**

**Centre intégré  
de santé et de services  
sociaux de l'Abitibi-  
Témiscamingue**