# A FIRST ORAL EXAMINATION AT 1 YEAR OF AGE It makes sense!



### Why?

Because cavities in children are very sneaky. They can begin at a very young age and can evolve extremely fast. Tooth decay is one of the most common diseases and is the main reason why general anesthesia is used on children.

Developing cavities during childhood can have serious consequences on your child's health and overall well-being:

- Difficulty chewing and eating properly;
- · Growth, language and self-esteem issues;
- Problems related to lack of sleep, pain or infections such as a dental abscess.

## MY FIRST VISIT TO THE DENTIST, IT'S IMPORTANT!

#### How?

A visit to the dentist, around the age of one year, will be in the form of advice about mouth and dental hygiene, nutrition, or might include some preventive treatments.

#### For whom?

Your child can develop a cavity regardless of your social status.

# REMEMBER: PREVENTION IS ALWAYS THE BEST MEDICINE!

An annual dental examination and certain dental treatments are covered under the public dental care program for children aged 0 to 9 years inclusively.

Centre intégré de santé et de services sociaux de l'Abitibi-Témiscamingue

Québec \* \*