

DRAINAGE LOG

Date:	
Time	Quantity

Date:	
Time	Quantity

Date:	
Time	Quantity

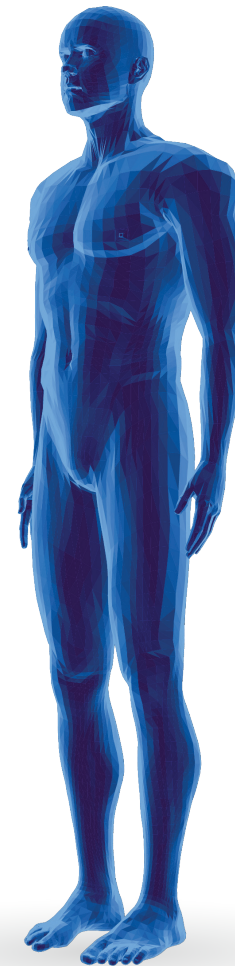
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JACKSON-PRATT DRAIN

Use and care guide

Centre intégré
de santé et de services
sociaux de l'Abitibi-
Témiscamingue



PURPOSE OF THE DRAIN

A Jackson-Pratt drain is used to collect bodily fluids from the surgical site.

Monitoring

Monitor your drain so that:

- No pressure is applied to the tube (fastened to your sweater or shirt).
- The tube does not become detached from the bulb (if this occurs, disinfect with alcohol and replace the tube).
- The tube is not clogged or bent to ensure proper drainage.

HYGIENE

You are not allowed to shower or take a bath with a Jackson-Pratt drain.



CARE

Tube pressing

To prevent clots from forming which could prevent fluid drainage, you must carry out this process several times a day:

- Hold the tube close to the body with one hand.
- With the other hand, apply pressure on the tube with your thumb and index finger or with a pencil.
- Maintain a constant pressure, slide the thumb and index finger along the tube by pushing the fluid towards the bulb.
- Repeat the process 2 or 3 times.

Emptying the drain

1. Wash hands.
2. Remove the stopper.
3. Empty the contents into a measuring container.
4. Squeeze the bulb (to remove air) and replace the stopper.
5. Measure the liquid and record amount in the draining log.

Repeat this process twice a day or when the bulb is half full.

BANDAGE

Keep the bandage dry and clean at all times until your next appointment with the surgeon or as recommended. It can sometimes be exposed to air, according to the surgeon's recommendations.

COMPLICATIONS TO REPORT

You should contact the number indicated below if:

- It is necessary to empty the bulb more than once every hour.
- Increased redness or skin is hot to touch at insertion site.
- Pain is not relieved with medication.
- You have a fever.
- The fluid is foul-smelling or appearance of fluid in bulb has changed.

Monday to Friday
8:00 am to 4:00 pm
Contact the outpatient clinic at
819 732-3341, ext. 2271

Between 4:00 pm and 8:00 am
Contact Info-Santé at **811**

or

Emergency
819 732-3341, ext. 2252

or

CLSC in your area.